

Servants' Preparation Class

Sacrament of
Repentance and
Confession



“The prison cells of hell are
locked from the inside out.”

—C.S. Lewis



Confession

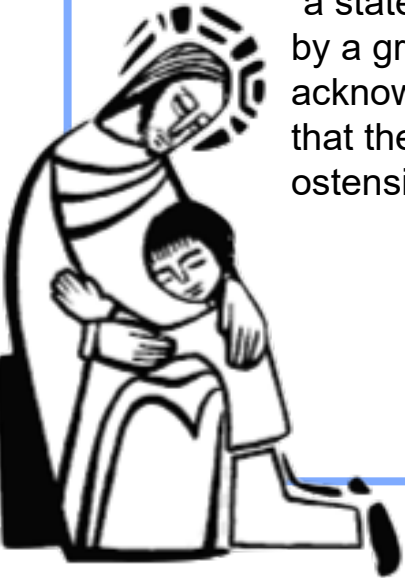


Definition:

“a statement – made by a person or by a group of persons – acknowledging some personal fact that the person (or the group) would ostensibly prefer to keep hidden.”

Ideally!

- 15/20 minute dialogue where I speak my sins aloud to God before a priest.
- Sometimes includes a prescribed spiritual **CANON** given by the priest to help in repentance.
- Come list your sins, without justification or excuses. [Adam/ Cain]
- .The priest prays the absolution over the believe and the mystery is completed.



Question:

“Why should I confess to a priest?”

“Can’t I just confess to God?”

What do YOU think?



Stages (Types) of Confession

[HH Pope Shenouda/
HG Bishop Youssef]

1.

Confession to one's self

(Repent between me
& myself)

2.

Confession to God

(Put it before God
and talk to Him)

3.

Confession to the priest

4.

*Confession to the
person against
whom the trespass
was committed*

WHY

Living a life of repentance.
Continuous cleansing.
Deepen my relationship with
Christ...

WHO INSTITUTED THE SACRAMENT

Jesus Christ

WHAT

Repentance &
Confession

WHERE

Matthew 18:18
John 20:22-23
Acts 19:18

WHEN

Old Testament and
New Testament

HOW

?

